



Ingredients

Makes 10 servings

1 small red onion, diced

3 garlic cloves, minced

4 Pueblo Chiles, roasted, peeled, and deseeded

1/2 bunch cilantro

2 lbs. tomato, diced

Juice from 1/2 of a lime

Salt to taste

Directions

In a food processor, blend onion, garlic, peppers, and cilantro. Add tomatoes, lime juice and salt and blend lightly. Serve cold with blue corn tortilla chips.

We believe that health starts with good food, but good food does not exist without real farms.

Thank you for joining our sibscription program and helping us promote health through a sustainable food system.

Mother Earth will thank you too, and you will feel the difference!











