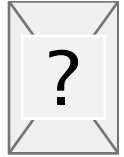


SWELL BURGER



Colorado Black Bean Burger

Ingredients (Sourcing)

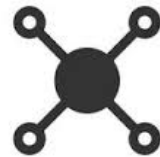
Sangres Best Grass-fed Beef (Westcliffe, CO)
Black beans (Adobe Milling, Dove Creek, CO)
Corn (Hobbs Family Farm, Avondale, CO)
Roasted peppers (Larga Vista Ranch, Boone, CO)
Mushrooms (Hazel Dell, Fort Collins, CO)
Carrots (Hobbs Family Farm, Avondale, CO)
Garlic (Hobbs Family Farm, Avondale, CO)
Onion (Hanagan Farms, La Junta, CO)
Leeks (New Roots Farm, Pueblo, CO)
Chard (Blue Raven Farm, Pueblo, CO)
Chives (UCCS Farm)
Green chili powder, cumin, paprika, salt & pepper
Hempseeds (San Luis Valley Hempseed Co., Del Norte, CO)



LIVESTOCK PRODUCTION IS ASSOCIATED WITH:



18 percent of GHG emissions and 37 percent of methane gas emissions



GALLONS OF WATER USED IN FOOD PRODUCTION:



4 oz chicken
52 gallons



1/2 cup cooked beans
78 gallons



1 oz mixed nuts
58 gallons



4 oz. hamburger patty
427 gallons