



PUEBLO CHILE JAM

by The Food Next Door- SWELL

Ingredients

Makes 10 Tablespoons

1 cup red bell pepper, seeded
and chopped

½ cup Pueblo Chile, chopped

1 cup brown sugar

1/8 tsp. salt

1/8 tsp. black pepper

Directions

Place all ingredients in a medium sized saucepan and cook over medium heat until the chilies have broken down and the mixture is thick. Stir the jam as it cooks to keep from burning.

Serve with whole grain crackers and cheese!

We believe that health starts with good food, but good food does not exist without real farms.

Thank you for joining our subscription program and helping us promote health through a sustainable food system.

Mother Earth will thank you too,
and you will feel the difference!

